

LUNCH MENU



WC 14/09/26	Monday	Tuesday	Wednesday	Thursday	Friday
Main one	Special Egg Fried Rice (with or without Prawns)	Chicken Orzo with Lemon	Cowboy Hot Pot <i>(sausages, potatoes and butter beans in a homemade BBQ sauce)</i>	Beef Lasagne	Fish & Chips 
Main two	Special Egg Fried Rice with Tofu	Spanakopita (A famous Greek Spinach & feta pie)	Cumberland Quorn Sausage Hot Pot	Vegetable Lasagne	Baked eggs with Feta & Tomatoes
On the side	Sauteed Chinese style Vegetables Bao Buns 	Pita Bread & Hoummos Roast Butternut squash & Sweet Potato	Boiled eggs Corn on the Cob	 Cauliflower & Broccoli Garlic Bread	Peas Homemade Tartare Sauce
Dessert	Greek Yoghurt with Honey & Granola	Sticky Toffee Pudding	Fruity Flapjacks	 Carr Cake	Custard Pots with warm stewed fruit
Everyday	Available daily are jacket potatoes served with baked beans and cheese alongside a selection of freshly prepared salads, bread, fresh fruits, and yoghurts				

LUNCH MENU

WC 21/09/26	Monday	Tuesday	Wednesday	Thursday	Friday
Main one	Tuna Bake	Chicken Tagine (A Moroccan style, fruity and tender chicken stew)	Sausage & Lentil Casserole 	Shepherds Pie (with Beef)	Mediterranean Tart (a pastry base with thick Italian tomato sauce, black olives & mozzarella)
Main two	50/50 Penne Pasta with Red Pesto	 Wonderful Vegetable Tagine	Quorn Cumberland Sausage & lentil Casserole	Shepherdess pie (A flavoursome Lentil version of the Shepherds Pie)	Roasted Vegetable medley with Halloumi
On the side	Garlic Bread Broccoli & Sweetcorn	Sweet Orange Couscous Panfried Courgettes & Shallots	Herby Diced Potatoes Green Beans	Corn on the Cob Boiled Eggs Garlic bread	 Honey Roasted Carrots & parsnips
Dessert	Greek Yoghurt with Honey & Fruit Compote	Chocolate Self Saucing Pudding	Shortbread Surprise	Apple Crumble &  Custard	Fresh Fruit Jelly
Everyday	Available daily are jacket potatoes served with baked beans and cheese alongside a selection of freshly prepared salads, bread, fresh fruits, and yoghurts				

LUNCH MENU



WC 28/09/26	Monday	Tuesday	Wednesday	Thursday	Friday
Main one	Fusilli with homemade tomato sauce, chorizo, olives & basil	Cumberland Pork Sausages 	Butter Chicken Curry 	Spaghetti & Meatballs with our homemade tomato sauce <i>(melted into the tomato sauce are 6 other vegetables)</i>	Fish Fingers 
Main two	Macaroni & Cheese 	Vegetable Sausages	Sweet Potato & Butter Bean Curry	Moving Mountains Vege'balls & Spaghetti	Vege' Mince Pie
On the side	Garlic Bread Broccoli & Peas	Mashed potato Yorkshire puddings Gravy Green Beans Carrots	Cabbage & Spinach Rice Naan Cucumber & Mint Raita	Roasted Butternut Squash & Sweet Potato Garlic Bread	Herby Diced Potatoes Peas & Sweet Corn
Dessert	Greek Yoghurt with Fruit Compote	Beetroot Brownie	Lemon Drizzle Cake	Oatie Slice 	Peaches & Custard
Everyday	Available daily are jacket potatoes served with baked beans and cheese alongside a selection of freshly prepared salads, bread, fresh fruits, and yoghurts				

LUNCH MENU

WC 05/10/26	Monday	Tuesday	Wednesday	Thursday	Friday
Main one	Special Egg Fried Rice with or without Prawns	Chicken Orzo with Lemon	Cowboy Hot Pot <i>(sausages, potatoes and butter beans in a homemade bbq sauce)</i>	 Beef Lasagne	Fish & Chips 
Main two	Special Egg Fried Rice with Tofu	Spanakopita (A famous Greek spinach & feta pie)	Cumberland Quorn Sausage Hot Pot	 Vegetable Lasagne	Baked eggs with Feta & Tomatoes
On the side	Sauteed Chinese style Vegetables Bao Buns	Pita Bread & Hoummos  Roast Butternut squash & Sweet Potato	Boiled eggs Corn on the Cob	Cauliflower & Broccoli Garlic Bread 	Peas Homemade Tartare Sauce
Dessert	Greek Yoghurt with Honey & Granola	Sticky Toffee Pudding	Fruity Flapjacks	Carrot Cake	Fresh Fruit Jelly
Everyday	Available daily are jacket potatoes served with baked beans and cheese alongside a selection of freshly prepared salads, bread, fresh fruits, and yoghurts				

LUNCH MENU



WC 12/10/26	Monday	Tuesday	Wednesday	Thursday	Friday
Main one	Tuna Bake 	Chicken Tagine (A Moroccan style, fruity and tender chicken stew)	Sausage & Lentil Casserole 	Shepherds Pie (with Beef)	Mediterranean Tart (a pastry base with thick Italian tomato sauce, black olives & mozzarella)
Main two	50/50 Penne Pasta with Red Pesto	 Wonderful Vegetable Tagine	Quorn Cumberland Sausage & lentil Casserole	Shepherdess pie (A flavoursome Lentil version of the Shepherds Pie)	Roasted Vegetable medley with Halloumi
On the side	Garlic Bread Broccoli & Sweetcorn 	Sweet Orange Couscous Panfried Courgettes & Shallots	Herby Diced Potatoes Green Beans	Corn on the Cob Boiled Eggs Garlic bread 	Honey Roasted Carrots & parsnips
Dessert	Greek Yoghurt with Honey & Fruit Compote	Chocolate Self Saucing Pudding	Shortbread Surprise	Apple Crumble & Custard	Custard Pots with warm stewed fruit
Everyday	Available daily are jacket potatoes served with baked beans and cheese alongside a selection of freshly prepared salads, bread, fresh fruits, and yoghurts				