

Carpe Diem

2022

SEIZE YOUR DAY

ACTIVITY OPTIONS



STREATHAM
& CLAPHAM
HIGH SCHOOL

GDST
GIRLS' DAY SCHOOL TRUST

The words '*carpe diem*' mean 'seize the day' – this is your day to seize!

Is there something you already love to do?
Would you like to try something brand new?
You'll get a chance to have a go at two different activities on the day.

The Streatham & Clapham family will be there to make sure you have a brilliant time, no matter what!

1

Have a look at the
7 different activity choices
for the day.

2

Go to:
**[schs.gdst.net/
CarpeDiem2022](https://schs.gdst.net/CarpeDiem2022)**

3

Let us know your
top 3 choices
by Friday 18 February.

Art

Come and explore a wide range of materials and be creative!

I love this subject because it allows such great opportunities for everyone to express themselves in their own individual manner.

Miss Rebecca Baker
Head of Art



Classical Drama and Theatre

Create your own decorative mask and learn to perform as a part of a Greek Chorus just like they did when theatre first began.

Did you know...

The term 'protagonist' evolved from Ancient Greek Theatre when the first actor became completely separate from the Chorus. Nowadays we use it to refer simply to the main character.





Mandarin Chinese

Huangying! (or 'Welcome!' as we say in English). We'll take you on a journey that goes beyond Kung-Fu and Chinese takeaways.

Did you know...

The Chinese language spoken today has been around for 3,000 years but English has only existed for less than 1,000!



Computer Coding

Come on a coding adventure and take a peek into the world of game and web development.

Did you know...

The first webcam was used at Cambridge university to monitor a coffee-maker so the computer scientists could check if their coffee pot was still full!





Science ...to go home with!

Be a cosmetic scientist for the day and make your own bath-bomb and soaps!

I love this subject because it relates to the world around me in so many ways!

Miss Sarah Fitzgibbon
Head of Science

Sport

Meet our sports coaches and try out our facilities.



Did you know...

Streatham & Clapham High School is one of the top schools for sport in the country! Our Netball Team has qualified for the Nationals and has made the quarter finals in the Independent Schools Cup. One of our girls is going to university on a full sports scholarship whilst she trains for the 2024 Olympics in Long Jump!



Music

Explore African drumming rhythms on the Djembe and join together in song!

Did you know...

Singing in a choir or playing music with others produces endorphin levels equivalent to running for 30 minutes.





Carpe Diem

Towards The Future Unafraid!

Register for *Carpe Diem* here:



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